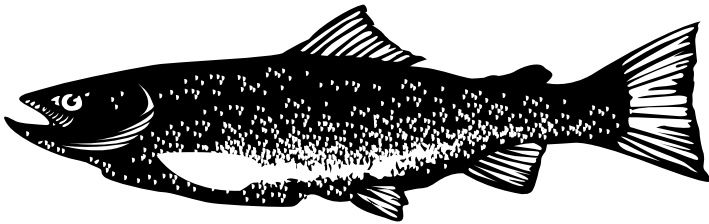


# 2010 EATING HEALTHY FEATURES

MARCH 10 ~ MARCH 23, 2010



## SEAFOOD

Tuna, gulf shrimp, halibut, fresh salmon—whatever your favorite, we have it delivered daily from the industry's top fishermen & fisheries practicing sustainable fishing techniques. We select the freshest seafood from around the world at peak season, to bring the best straight to you.

### Prince Edward Island Mussels~ 3.99/lb. (reg. 4.99/lb.)

Farm-raised, Prince Edward Island mussels are highly acclaimed for their tender, sweet meat and incomparable, rich flavor.

### Flounder Fillets~ 11.99/lb. (reg. 12.99/lb.)

This excellent, very lean, white fish provides delightful dining when steamed, poached, baked, broiled, sauteed, fried or microwaved.

## A ONE-OF-A-KIND CULINARY EXPERIENCE HUBBELL & HUDSON

www.hubbellandhudson.com  
24 Waterway Avenue, The Woodlands, TX 77380  
Phone: 281-203-5600

## CHEF'S CASE

### Potato Latkes~ 1.59/ea.

House-made fresh daily with yukon gold potatoes, plugra butter, white onions and Italian parsley.

### Barbecue Glazed Beef Brisket~ 18.99/lb.

House-made fresh daily with all-natural certified angus beef brisket, braised slowly to perfection, glazed with our house-made barbecue sauce.

## CHEESE & CHARCUTERIE

### NEW ARRIVAL! Dubliner With Irish Stout~ 16.99/lb.

Sweet, nutty, rich Dubliner cheese, swirled with the malty, caramel, bitter flavor of Irish Stout.

### Cahill's Irish Porter Cheddar~ 16.99/lb. (reg. 19/lb.)

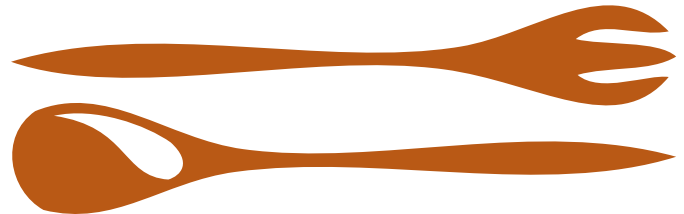
This beautiful pasteurized cow's milk cheese is marbled throughout with Guinness. This is the only cheese produced in the heart of County Limerick. The milk comes from the Friesian herd located on the 64-acre farm of Dave and Marion Cahill, just a mile outside the town. The flavor is slightly tangy, with a little bite.

## PASTA SHOP

### Organic Hand-Made Pasta~

#### Buy One Pound of Pasta Get One Pound Marinara Free

Made from scratch with organic, farm-milled flours and cage-free, organic eggs. Choose from spaghetti, fettucini, spinach fettucini, whole wheat fettucini, roasted red pepper fettucini, rigatoni, fusilli and pesto ricotta ravioli.



## VIKING COOKING SCHOOL

### Kids Pizza Party

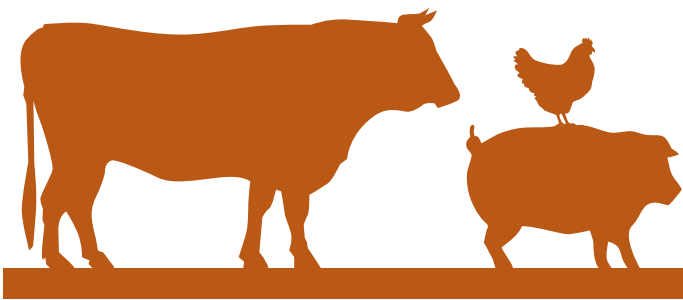
Sunday, March 14 • 11 am to 1 pm • 59 per person

Even at a party, kids can learn valuable life lessons. Observing how yeast is activated and its rising action is a science experiment kids will never forget. Measuring skills, reading skills and math skills—all are brought into play in this action-packed workshop. But the kids won't even realize they are learning as they get creative making, shaping and topping their very own pizza. And the best part—eating their creation!

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## BUTCHER

We are proud to feature Natural Certified Angus Beef,<sup>™</sup> Heirloom Berkshire pork & free range, all-natural, locally-grown poultry. Our butchers will not only help you select the perfect cut, but can also provide advice for preparing it with optimal taste.

### All-Natural Pork & Free-Range Chicken Sausages~

4.99/lb. (reg. 5.99/lb.)

Choose from any all-natural, Berkshire pork and all-natural, free-range, corn-fed chicken.

### Dry Aged T-Bone Steak~

19.99/lb. (reg. 23.99/lb.)

All-natural, certified angus beef, dry aged for 21-28 days. Dry aged delivers a distinctive, memorable taste with a buttery, tender texture.

## WINE & BEER DISTRICT

### EXCLUSIVE & LIMITED AVAILABILITY! Au Wines~

8.99/750 ml. (reg. 9.99/750 ml.)

Chardonnay, Shiraz, Merlot and Cabernet Sauvignon. From Southeastern Australia, a group of wines that are worth their weight in gold.

### Saint Arnold's Lawnmower~

10.99/12 pk.

Crisp, yet has a sweet malty body that is balanced by a complex, citrus hop character.

## BAKERY & PASTRY

### Nuns (Religieuse)~

2.80/ea.

Made fresh daily. Choose from chocolate or coffee. The nun (religieuse) is one large pastry cream-filled profiterole topped by a smaller one, both glazed with fondant. Supposedly resembles a nun, hence the name.

### Green Olive Focaccia~

1.99/ea.

House-made daily with fresh green olives, green tomatoes, fresh thyme and Hubbell & Hudson EVOO.

## WELLNESS

### Emergen-C~

12.99/ea. (reg. 15.99-16.99/ea.)

More than just 1,000mg of Vitamin C! You get a health boost of quercetin, antioxidants, an energy boost including 7 B-vitamins, no caffeine and electrolytes to replace minerals lost through perspiration.

## MARKET

### NEW ARRIVAL! Borden's Organic Milk~

3.99/ea.

The same great taste your family has enjoyed for generations, now it's **organic!** Produced without antibiotics, growth hormones or pesticides. Now that it is in the new Perfect Pour Bottle, it's even easier to take home, store, and enjoy! Available in non-fat, low-fat, 2%, and whole. 96 oz.

### EXCLUSIVE! Jeni's Splendid Ice Cream~

12.99/pt.

Each batch of Jeni's ice cream is carefully tended to; each flavor artfully achieved with fresh ingredients found in the Ohio countryside as well as responsibly-raised exotics from around the world.

### NEW ARRIVAL! Honest Tea~

3.79/ea. (reg. 3.99/ea.)

**Organic** teas, naturally delicious without any additives or chemicals. Fair-trade certified, which means the tea garden workers get paid fair wages. Enjoy what's inside the bottle just as much as what's not.



## FRUITS & VEGETABLES

We've taken the farmers market to a new level by sourcing fruits & vegetables from local and **organic** farms. We thump, squeeze & inspect all our produce to ensure it's at the peak of freshness & quality every day.

### Texas Grown Heirloom Tomatoes~

6.99/lb. (reg. 7.59/lb.)

The lighter the color, the less acidic or sweeter the tomato tastes. The deeper the color, the more acidic and definitive the tomato tastes.

### Fuji Apples~

1.59/lb. (reg. 1.89/lb.)

Developed in the 1940's in Japan, a cross between the Red Delicious and Ralls Janet. The flavor is predominantly sweet and refreshing.

### Fresh Hand-Pressed Grapefruit Juice ½ gal.~

7.99/½ gal. (reg. 8.99/½ gal.)

Fresh Rio Star Grapefruit juice. High in Potassium and Vitamin C.

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Prices valid March 10 ~ March 23, 2010